

FOREWORD

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This author may very well go to jail for disclosing the facts contained in this booklet. You will read about a very serious subject: Cancer. What you will read is the First Person account of how this author was cured of a malignant cancer of the descending colon by a simple dietary procedure. It is expected that this very book will be used against this author to establish legally the fact that he is practicing medicine without a license. He may be ordered by some Court to discontinue the future distribution of this book. Why? Cancer treatment, dear reader, is a major part of the multi-billion-dollar drug industry.

You are being told, and it is now being subtly suggested to you by the many doctor type TV shows, that the American Cancer Society and the American Medical Association are leaving no stones unturned in an all out effort to "find the cause of cancer." But at the very same time, every possible force and pressure is being applied to prevent doctors from using known and effective cancer cures. Instead, they are only permitted, by AMA agreement and government coercion through the Federal Food and Drug Administration, to treat cancer by means that they know are futile: Chemotherapy, cobalt radiation, and finally, the delaying tactic of surgery.

Perhaps you think this is strong language! If the author dared, it would be even stronger: MURDER ONE. The author's grandfather died of colon cancer. The author's father died of a cancer-related heart attack. His sister has cancer and has taken the Medical approach and is currently suffering from a series of unnecessary operations as her cancer strikes in first one place and then the other. None of these cancer victims were ever told by their Marcus Welby-type doctors that there are alternative choices; that there are valid and effective cancer cures that do not involve such radical surgery, expensive drugs and radiation.

Any doctor who happens to stumble upon an effective treatment, or who develops one after years of research, may well be thrown into jail, harrassed by the Courts in AMA initiated lawsuits, or driven out of the country. It is widely known that cancer can be cured in Mexico, but unfortunately by the time the average cancer patient learns of such treatment, if indeed he ever does, the practitioners of the AMA have taken the last of his savings and insurance. With no money left, the patient is found to be "terminal" and sent home to die.

This book is not intended to condemn the few christian medical doctors who now use diet in their treatment. Many of these are personal friends. But on behalf of those pitiful cancer patients who are not so fortunate as to have such a physician, this book is being published.

Nord W. Davis, Jr.

PREFACE

Please remember, as you read this booklet, the American Medical Association is nothing but a professional organization of businessmen who have combined together to practice one form of the healing art. Their approach to healing is centered around the concept that there is a drug, or combination of drugs, that will cause the healing of any malady. Failing that, there is but one recourse: To sell expensive drugs that will mask the symptoms or to cut out the offending parts. "Incurable disease," by their definition, is just one for which they have yet to discover the "healing drug."

While it is not denied that many good and Christian men are coerced into joining the AMA in order to teach and preach their professional doctrine, the AMA, in general, is not a society of altruistic men upon whom God has bestowed some special talent and calling. How so, you say? If the AMA were Christ honoring and altruistic, they would be among the leaders in encouraging every discipline among the wide spectrum of healing arts and philosophies so that the greatest good might be accomplished for the suffering of mankind. Results, not the victory of one healing art over another, would be their moral criteria.

Instead, this curious band of men seem bent upon the satanic thought that if their methods cannot produce a healthy patient, they shall see to it, even to the use of governmental force, that no competing discipline is to be practiced under their very noses. When these methods are used, that healing art ceases to be a *philosophy* and has become a *religion*.

Philosophy is an ever expanding thought process dedicated to the refinement and distillation of truth. Philosophical truth is gleaned from wherever truth is to be found. A philosopher understands that he must process a great deal of chaff to find the wheat, and then a great amount of wheat must be refined to extract the germ of the wheat. But to close one's mind against an avalanche of truth is not the mark of a philosopher. Almost every one of the healing arts has long since ceased to be a philosophy. Each one believes very adamantly that his alone is the sole path to truth in health.

But that, you see, is the very mark of a religion! A religion is by definition, nature and practice, dedicated to an ever narrowing set of principles. The more "religious" one is, the more carefully he abides by the tenets and rules of his religion. He does not want to hear about or discuss any possible virtue in any other set of beliefs. Is that not right? But notice: When any religion becomes broad enough to be all inclusive it ceases to be a religion and has become a philosophy!

So this is the difference: A philosophy permits those with opposing philosophies to exist. They even openly compete as in debate, each trying to win adherents to their line of thought such as in differing political philosophies. (Marxism, because it stamps out all who oppose its political concepts, is a religion and not a philosophy!) But this is not so with religion. There are no debates between the leaders of a religion. Each considers the other to be a heretic and beneath him and thus unworthy of recognition on an equal footing as in a debate. So herein lies the great undercurrent; Yea, the battle for the right of choice among the various healing arts.

In demanding absolute conformity to their drug-oriented religion of healing, the AMA is very much like the Church of England some 300 years ago. Their clergy, backed by the force of the Crown, insisted that theirs was the only "True Church," the official church, and that no others were to be permitted to exist. Because it was a religion, its clergy truly believed that they were right. Thus they quite naturally held that their doctrine was to be imposed upon the lesser educated people for their own good. All other doctrines were considered heretical and their adherents were to be imprisoned or burned at the stake, in what they believed to be the Sacred Cause of Christianity. Today, we find the High Church of Medicine, insisting that theirs is the only true religion, the only path to the salvation from disease. All others must, at all cost, be suppressed. Three hundred years ago, there was a rebellion. Today, another is starting.*

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**One Georgia Medical Doctor, when I expressed these thoughts to him, felt that I was too understanding and generous with the AMA. As a Christian, with the calling to heal the sick, he felt that he was compelled to abandon the religion of the AMA and withdraw himself from under its influence and direction. His parting remark to me was:*

"Just tell them that there is no money in health but plenty of it in continued sickness...getting the patient to where he must come back to his office week after week. But also remind them that there are thousands of us Medical Doctors who are trying our best with the knowledge that we have been given and we, too, are being coerced by the AMA, the FDA, and government red tape. The time has come for Americans to take their health into their own hands and look after it as they do the money in their bank account."

His point is well taken. Per capita, America has more hospitals and medical schools than any nation in the world. We have the most sophisticated and wide-spread communications systems in the world for the promotion of valid information. Yet America is one of the sickest nations in the world, and according to recent news items, 1 American in 4 is destined to develop cancer. Why? Anyone can count the seeds in one apple, But only God knows the apples in one seed.

THE CURSE CAUSELESS SHALL NOT COME

Sometime last August, I was invited to speak briefly to a graduating class of very serious men and women. It was a small group of doctors who had gathered in a little mountain town in Northern Georgia. These doctors, who represented a broad spectrum of the healing arts, I later learned, had been carefully screened by their instructor to take what proved to them to be the most unusual course to aid in the treatment of the sick.

Did they meet secretly? They issued no statements to the press and there was no coverage by the press either before or after the event. They seemed to be intently interested in what they had been studying. You see, what they had been learning was contrary to the catechism of the AMA in that there are indeed cures for cancer and other sudden and awful diseases without the use of the drug and the knife. What was the secret cure for which these men had traveled so far and spent so much of their time? Shhhhh! Proper diet, skillfully and scientifically calculated to harmonize and normalize the body chemistry.

Now **that**, to those readers initiated into the religion of Marcus Welby, is blatant heresy! Maybe some of my longtime readers are even now looking down their noses as if to stare me up from between these lines. SO BE IT! That too, was my initial reaction.

THE COMPLEX THIS SIMPLE?

How could something so complex as malignant cancer be solved by such a simple and inexpensive means? Until that day in August, I had never heard of the scientist-instructor-turned-preacher before. For the past two years I have been tired all the time and have not had the energy to travel. As many of you know, I have turned down most speaking engagements that have been so graciously offered to me. But here was one that was proposed by a mutual friend, a Christian patriot of the highest caliber named Thurman McCoy and the place was but an hour away. So I accepted. The instructor: Dr. Carey Reams. The name of his course: THE BIOLOGICAL THEORY OF IONIZATION. Yes, it is a mouthful, and on the rebound, a mindful...

When I accepted the invitation, I had no idea of the distinguished group whom I had been invited to address. Not being a health nut, and having never heard of Dr. Reams before, I was completely unaware of his 40+ years in scientific biological and biochemical analysis of foods pertaining to the nutrition of the human body. I had never even considered that there is a scientific and mathematical relationship — a cause and effect — between certain shifts in the body chemistry and the eventual outbreak of disease. What did I know of such things.

I had walked into that group much as an average American with little or no medical background. I was under the assumption that disease mysteriously attacked some people, while equally mysteriously seemed to leave other unscathed — even unto advanced age. I believed in the Cruel Hand of Fate Mentality promoted by the TV doctor shows and, of course, by my ever-ready insurance agent.

So, I arrived this August evening as the twilight began to descend on Blue Ridge, Georgia. As always, I anticipated that my remarks, if skillfully and dynamically made, would vitally change a few listeners to more concern about saving our Great Republic from the current ravages of Socialism and insolvency. Rarely does a guest speaker learn more from his audience than he imparts to them. That night would be different.

I was seated next to a doctor, a Chiropractor from Pennsylvania, I believe, and I asked him what kind of a course he was graduating from. While not being a health nut, it just seemed to be good public relations to get a new acquaintance to talk about what he was interested in — then maybe he might later listen to me.

The doctor was excited! He came on pretty strong. He told me that he had learned to make a bio-chemical analysis of the saliva and urine of a person, and from that develop an equation with more than 100,000 variables. From that equation, with certain higher mathematical calculations, it is possible to determine the nature and location of any disease affecting the person. Ho-hum! He went on to tell me that any person having the same equation would have the same disease and that it was not necessary to rely on symptoms related to the doctor by the patient. I smiled politely. He went on to say that he had been practicing for I forgot how many years and this analysis was far ahead of anything that he had seen before. Then he hit me with this: It is possible to locate and determine cancer before symptoms, heart attacks that are pending, foot trouble, and subluxated vertebrae of the spine. I tried to nod approvingly; tried to appear on the verge of belief, but I doubt that I was able to mask the shock of such an absurd notion from an apparently very educated man.

**HO-
HUM**

**ABSURD
NOTION**

Carefully, so as not to offend, I asked him what was done once the nature of the malady was thus discovered. He surprised me. Really, the nature of the malady is not important. Naming the disease never cures it. It just gives people more confidence if you can tell them very specifically what is wrong. But, what is important is to get that person's body chemistry back to the proper biological norm and then the body will have enough energy to cure itself. Brother, no drug, no spinal adjustment, no doctor or therapy ever cures anything! If the person gets well, it is because the body chemistry has

changed. The body must heal itself. Take the cancer patient. The normal Medical procedure is to cut out the offending parts. However, that almost never cures the problem. Since the body chemistry is far from perfect, which is what caused the problems in the first place, cancer eventually strikes again. Eventually, as cancer spreads, the proteins in the body get so high that the patient dies of a heart attack. There is no cure apart from a shift in body chemistry, but until this course none of us knew what the norm was or how to test for it.

Well, this was all very interesting, and I could see that the good man was sincere, but frankly I could no longer hide my skepticism. Finally, he played his "trump card". He told me that after the banquet there was yet to be another class. All the doctors had run an analysis on themselves, developed their own equation on their body chemistry, and that evening Dr. Reams would tell them what diseases *they* had. I was invited to sit in on that session.

**TRUMP
CARD!**

This ought to be interesting! Do you get the picture? Here would be some twenty-five professional men from every walk of the healing arts and skilled at all the normal diagnostic techniques. Let's see how they react to this instructor's analysis on themselves! So, I watched. Doctor after doctor was told everything that was wrong with him. The instructor never asked the doctor how he felt or where he hurt. In fact, it was just the opposite. With complete confidence and authority, **THE INSTRUCTOR TOLD HIM HOW HE FELT AND WHERE HE HURT!** Yet he never made a physical examination except to briefly examine the eyes. Often the doctor was aware of his problems and was frank before the group as to the accuracy. Still others were surprised at what they were told and wanted more details. Just as with you or me, I noticed beads of sweat on the brow of a few, but I heard not one challenge that evening.

One young doctor, perhaps 30, was told that he was on the verge of a fatal heart attack. He didn't "look it," but I observed that he took very careful notes as to how to avoid such an unsuspected catastrophe. Another man was told:

"You are tired all the time, tired when you get up, tired in the middle of the day, and exhausted when you go to bed at night. Your eyes bother you and you have difficulty concentrating on your work..."

Did my ears perk up! How did he know that about the doctor? **THAT'S MY PROBLEM!** I have been more and more tired for the past two years, actually exhausted after even a little mental or physical effort. I have had more and more trouble trying to write, as so many of you well know. Why?

After the session, I worked my way up to the instructor and introduced myself again. What makes me tired all the time like that doctor right over there? The gentle, white-haired man looked me straight in the eye and told me quite bluntly:

"We do nothing here by guesswork. I cannot answer your question until I see your numbers. Then I can tell you what is wrong and what to do to have the energy you once had. By the way, that was a nice talk, our people needed it."

Another doctor interrupted us and I spotted Brother McCoy who was getting impressions of the course from various doctors on a little cassette recorder. He wanted my impression of what I had seen, and this was my reply:

"Brother McCoy, this man is either the greatest charlatan I have ever met or the greatest genius I have ever met, and I have not figured out which as yet."

But I did want to know why — in his opinion — I was tired all the time. I had been told by one Medical Doctor the reason. He told me that I was over 40 and over-weight so I had sort of resigned myself to these two consequences of the ravages of time. If Dr. Reams can just tell me how to get more energy it will be well worth whatever it costs. Within a few days, I was in his laboratory, anxiously awaiting the results of the tests on my samples. In about 15 minutes his lab technician handed me a plain white card with the following equation on the top line:

$$7.0 \quad \frac{5.80}{8.00} \quad 27C \quad 4M \quad \frac{10}{10}$$

I waited patiently to see the doctor and find out what this strange formula meant. I had observed that he is a robust man of 73 and learned that he works some 18 hours a day. How does he do it when at 45 I am exhausted all the time? When I got into his office he asked me if I understood that he was not a Medical Doctor and not posing as one. I told him that I understood. He examined my eyes briefly and then took the index card and began to do some short-hand calculations. He looked up and asked,

"You are tired all the time, are you not?"

I agreed that I was, but he went on quickly,

"Well, anyone having numbers as are found on your card would be in the zone for a major heart attack. Your heart is beating too hard and that is part of what is tiring you out. The second thing is that you are not properly digesting your food so you do not get the energy that you need out of it. Hence, you eat too much trying to get enough energy and that just makes things worse."

"Anyone with numbers as are found on your card would be a border-line diabetic."

"Anyone having numbers as are found on your card will have a malignant carcinoma the size of a grapefruit involving the descending colon. You need to come into our Retreat for about two weeks."

I was stunned! Cancer? CANCER??* But doctor, why don't I have any pain?

"Many people never feel any pain with cancer. It destroys the nerve endings as fast as it grows. But don't worry, Brother Davis, we will give you a diet that will cause your body to approach the mathematical equation for perfect health and all of these problems will go away. You will have the energy of a younger man. But you must make arrangements to go into our Retreat as soon as possible. Do not wait."

I had learned that with the help of Brother McCoy and a few others, the doctor had set up a small Retreat with some 36 beds. It is located in one of the most isolated areas in the Blue Ridge Mountains of Northern Georgia. There are some 200 people waiting to get in. And he was going to make room for me? I asked him why he did not just give me the diet and whatever pills I needed along with some instructions. I can follow instructions and should be able to do the same thing at home.

"No. You must come in here where we can run this test on you twice a day and where you can get rest while your body chemistry is changing. Often when the body chemistry is changing it is like a drug withdrawal. It could be rough! You should be where people who understand can take care of you. Your reserve energy level is 34 on a scale that has 100 as perfect health and 0 as death. I urge you not to wait too long, Brother Davis."

So I went home. I began to wonder if his analysis was really correct. I even wondered if he tries to find something wrong with enough people to keep his Retreat full all the time. Yet there was nothing in his manner to suggest this. I was convinced that he was a Christian and anyway, he certainly was above the few dollars that he could wring out of me. Finally, I had a plan. I noticed that nowhere on the white index card did he write down his analysis. I will come back again in a month and ask for another test. With all the people that the doctor sees, how could he possibly remember precisely what he told me? So, during the month of September, 1975, I

**I should add here that I really should not have been surprised with his analysis. For more than a year, I had one of the 7 signs of cancer: occasional bleeding with bowel movements...*

ate salads, drank cranberry juice, and tried to eat what I thought was a very reasonable diet. This, I felt, would change my urine and saliva enough to change the equation. If so, this might prompt him to give me a completely different analysis. If it does, then I shall know that he is a QUACK! No one can get over cancer of the colon in 30 days and develop a completely different set of maladies in the same time period. I could hardly wait!

So after a month, I went back and asked the lab technician for another test. Sure enough, as I had hoped, the numbers of the equation did change:

$$5.0 \quad \frac{7.00}{8.00} \quad 36C \quad 4M \quad \frac{13}{10}$$

Chuckling to myself, I sad down in the line of guests that were waiting to see the doctor. I had another thing going for me, too. The doctor had lost an eye as the result of a Japanese land mine explosion in the Phillipines in 1945 and the sight of the other eye was impaired enough so that he must read with a magnifying glass. Maybe he won't even recognize me! This should be interesting!

I went into his office and he remained seated behind his desk piled high with work. I handed him the white index card with the two equations on it and sat down and waited.

"Brother Davis, didn't I advise you to come in here right away over a month ago?"

I agreed that he had. I gave the usual excuse, true as it was, of just being too busy. Then I pointed out to him that I had been more careful with my diet and that the numbers had changed. Perhaps two weeks in the Retreat was not now necessary?

"Yes, Brother Davis, the numbers have changed, but not for the better. Your condition is worse. You have a malignant tumor in your descending colon area; you are a borderline diabetic, and you are well into the range for a major heart attack. YOU MUST COME IN AT ONCE."

And with that the most interesting months of my life began. I had thought, based upon this rather morbid analysis, that I would be a "star boarder." I was not. My case was considered rather routine — not serious enough for special attention. After all, as I later found out, Dr. Reams has had more than 10,000 cancer patients since 1971, and of these only 6 died.

**MY CASE
ROUTINE**

What he considers serious was a 40 year old man who arrived a day or two after I did. The man had malignant cancer of the pancreas. Because that organ produces insulin, its production was down to where he was a serious diabetic on heavy doses of insulin. He was in constant pain and had an unlimited supply of

codeine. He had "graduated" from the best the AMA had, the Mayo Clinic, Rochester, Minnesota, after a number of unsuccessful nerve blocks had been attempted. Failing that, he was sent home with the chilling verdict: Terminal — six months to live. The AMA did not mention to him that there were other methods of healing available to him. THEY, IN FACT, TOLD HIM THAT THERE WAS NOTHING ANYONE COULD DO FOR HIM.

Fortunately, there was a man in Minnesota who knew of Dr. Reams, and this dying man, as so many before him, came to Georgia as the last possible hope. How many thousands of dollars those people could have saved if they had come here first! Within four days, this dying diabetic cancer patient on codeine needed neither the insulin or the codeine! And he has not needed either again. Here was an AMA certified Terminal Case in constant pain being sent home from the Retreat in just 30 days. What was his only complaint? He was feeling so good that he felt the doctor unreasonable because he ordered absolute rest for six months. He wanted to go on a hunting trip immediately upon return home!

Another guest that I knew very well was a young mother of 30 who had been operated on to remove various cancerous organs. She had been given cobalt and any other technique that the AMA can muster up to cost money. The young lady was down to 85 lbs. when she arrived in Georgia and in the eyes of the AMA: Terminal. She is now home with her family after having gained 20 lbs. and has a diet that will keep her healthy the rest of her normal life.*

So you can see, my case was rather routine. I had no pain and the tumor had been caught before the AMA had a chance to give me their "tender loving care." I was a very lucky man — with a tumor the size of a grapefruit!

My next thought, and continued thoughts as I rested at the Retreat, was why the Lord had laid me aside like this. Surely, He must have a reason, for...

"...we know that all things work together for good to them that love God, to them who are the called according to His Purpose."

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Romans 8:28

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Rex Harrill

**Soon after I left the Retreat, the Sheriff and his deputies awakened everyone at this Christian Retreat at 2 AM on an AMA initiated Warrant alleging that the doctor was "practicing medicine without a license" and hauled him off to jail. Naturally, he soon raised bail but the methods used were those of a Police State. His case is still pending, but I shall see to it that copies of this booklet are distributed all over North Georgia. Another group of patriots is going to try to get that Sheriff voted out of office.*

OK, Lord, so I have cancer, apparently a diabetic, and could have a major heart attack. Now that You have my attention, what am I to do? My answer from that prayer was for me to go back and read Dr. Luke's* account of the Gospel and see what the full instructions were for the Lord's disciples:

"Then He called His twelve disciples together, and gave them power and authority over devils, and to cure diseases, and He sent them to preach the Kingdom of God, and to heal the sick.

Luke 9:1-2

Interesting! There are three things that all disciples of Christ have been specifically commissioned to do:**

- 1) Hold power and authority over devils
- 2) Preach the Gospel of the Kingdom of God
- 3) Heal the sick.

I had fallen down badly on that third point. I did not have any ministry of healing the sick. Yes, we preach Christ and expose the Devils of Communism and many other evils in our midst. Yes, we do preach the Gospel of the Kingdom, the two-edged sword of Law and Grace. But in all that, I had dropped the ball. I not only did not heal the sick, I was very, very sick myself.

Because I fear that some of you may attempt the procedures used at the Retreat, without supervision, I have carefully avoided including here the method used to shift the body chemistry. However, it does include a season of fasting followed by a certain carefully prepared diet. I made one mistake in that I did not rest as I should have done. I just do not have the makeup to sleep all day when I feel pretty good. So, I spent some of my resting time talking to the other guests, most of whom were quite frank about their illness and excited about their improvement. But others sought me out to learn

**There is no record of Dr. Luke belonging to any Medical Association or of his having been licensed by the Roman Government in order to help the sick back to better health.*

***This is off the subject of this booklet, but note that most preachers today do not preach any of these three things! Most of them do not take issue with Devils. They do not speak out against Communism or the AMA abortionist in their very midst. They preach only the Gospel of personal salvation which is just the easy part of the Gospel of the Kingdom, and they do little or nothing to heal the sick. In fact, they are helping their congregations become sick by teaching that, since the Cross, God's Laws for perfect health are null and void.*

what I knew about National affairs and a remarkable number wanted to learn the deeper truths of the Bible. Of these, three were converted during these two weeks. But that lack of rest slowed down my progress and I was required to stay on for a third week.

Perhaps my commission was to find out what made this technique and unique procedure really work. Specifically, what causes cancer and other diseases and what is it about body chemistry shift that stops it?

Naturally, as a part-time preacher, my first thought was that health might be strictly a spiritual matter. If there are "faith healings," then is it also possible that there are "lack of faith sicknesses?" While I am not ignoring the stress on the system by constant fears, anxieties, and pressures, all logic and observation seems to rule that out. After all, some of the sickest people on earth are the truly spiritual giants without a care or problem to concern them. And, just as obvious, some of the worst sinners and deniers of the Faith seem to enjoy perfect physical health even with pressures and anxieties and live to a ripe old age. Haven't you ever wondered about that? Even the very important promise in the Fifth Commandment does not apply to all such cases.

Four or five nights a week, a lecture on health is scheduled for guests at the Retreat. I went to every one. I also borrowed tapes of lectures previous to my arrival, trying to find the key. One phrase kept ringing in my ears: Cause and effect, CAUSE AND EFFECT. For every cause there is an effect, or as Solomon so wisely phrased it:

"...So the Curse causeless shall not come."

Proverbs 26:2

If this is so, and the Bible is right, then disease is not the Cruel Hand of Fate striking at random but is the result of a cause. The curse causeless shall not come. That is why the Saint and the Sinner get sick with just about the same regularity. Fundamental church music seems to deal as much with getting out of this "vale of tears" where there is no more suffering as it does about Christianity. Even in Pentacostal Churches, which stress healing more than any of the others, I have found that their congregations are just as sick as the rest of the population in general — and maybe even sicker.

So the past few months I have been taking professional level courses on health and the scientific approach to the cure of cancer. No, not the Medical approach, the *scientific* approach under doctors who are getting results. By the time you read this, I will have completed five such courses.

Brother/Sister, the medical approach, the concept that for every disease there is somewhere a drug that will heal it, is wrong. Thousands, yea, millions, needlessly suffer and die each year because of this wrong direction. I am not suggesting that most Medical Doctors are conspirators deliberately doing wrong, but unfortunately they have the wrong religion of healing. Somehow, most of them are unable to rise above their college professors and this fundamental error is recycled with each new generation of Marcus Welby types.

There is just no way that I can compress these very difficult courses into this small book. I am not sure it would be wise to do so even if it were possible. Two of these courses cost more than \$1100.00 each plus travel and motel costs. I am still deeply in debt for the tuition. Getting to the bottom of the cancer problem has not been inexpensive. By no means have I yet arrived at all there is to know about the subject. I can now give you some basics and some rules that you should know.

ANY DAY THAT A PERSON BURNS UP MORE ENERGY THAN HE ASSIMILATES FROM HIS FOOD, THAT DAY HE BEGINS TO GET SICK.

Now, go back and reread that several times, for in this concept is the vital key to health. With that in mind, consider this:

WE DO NOT LIVE FROM THE FOOD THAT WE EAT, BUT FROM THE ENERGY CREATED FROM THE FOOD THAT WE EAT.

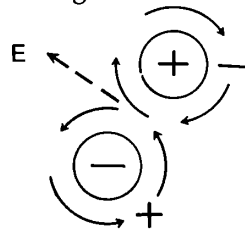
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Rex Harrill

To the AMA, this will be doubletalk. They cannot understand what is being taught here. What is the difference whether it is the food or the energy created from the food? Stop and think about it! If we just lived off the food, diet would be insignificant. One food would be just about as good as any other food. Most MD's do not know, and even fewer of them bother to teach, anything about diet. They may know that a "good diet" seems to make a difference, but few why diet works or how energy is created from the food. Now we are getting down to the BIOLOGICAL THEORY OF IONIZATION for the production of energy. Please fasten your seat belts; we are going to have to get into a little chemistry, physics and electronics. I hope that you see what I am driving at in a few pages.

A ~~single~~ ANION* contains the smallest amount of energy that there is. This single ANION will contain 1 Millhouse unit of energy. However, an ANION may contain as many as 499 Millhouse units of energy and still be known as an ANION. The word ANION is both singular and plural. An ANION MOLECULE has a positive ion as a nucleus. This + ion is known as a CATION. One single CATION contains 500 mh units of energy but may contain as many as 999 mh units and still be known as a CATION. The orbiting shell of an ANION molecule rotates in a clock-wise direction. A



CATION molecule has an ANION as its nucleus and has CATIONS, or if you prefer cationic electrons, in its outer orbit. This orbit is counter-clock-wise. But why is this important? Because herein is the vital key to health as expressed in science! All energy in human bodies is created by the RESISTANCE generated when these oppositely charged ions rotating in opposite directions come together. Think of that, you physics majors! In college physics we have been taught, and generally quite true, that RESISTANCE consumes energy. But in the ionization chemistry of the human body, it is the RESISTANCE between the orbiting anions and the orbiting cations that actually creates energy! If there is no resistance, then no energy is created. In chemistry, the measure of this RESISTANCE is known as "pH." But pH is neither a qualitative or a quantitative measurement. It is just resistance.



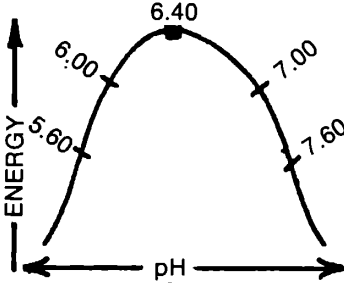
Perhaps you should go back and read again the part about anions and cations before going on. Then I will show you why all this makes a vital difference in the struggle against disease.

Suppose, in theory, that you ate only foods or substances that contained cations. What would happen? With no anionic substances present, there would be no resistance. Remember, no resistance, no energy. Suppose, in theory, you consumed only anionic substances. Where would you get the cations to create the energy? You would not have any! In the practical considerations, it is not possible to have only anions or only cations present. However, it happens all the time with sick people that there are never enough anionic substances present to get for them the energy needed from the cationic foods that they have eaten. Thus it is said that we "do not properly digest our food," or as some of the more recent writers on cancer

*Pronounced an'ion and cat'ion.

have stated, the body fails to digest proteins. This, they have observed, begins the cancer problem. But in reality, the cause of any illness, including cancer, is the improper balance between the anions and cations necessary to produce energy. Remember, any day that you do not produce more energy than your body consumes, that day is the first day of your illness, *regardless of how well you might feel!*

Well, how can we know from day to day how we are doing with this anion-cation balance? You will not find one doctor in a million who can tell you. In fact all that I am saying here is new to most of them, regardless of the healing art that they follow. Really, the answer is quite simple: Measure the pH of both the urine and the saliva.



Both should read a pH of 6.40 if you are getting the maximum energy out of the food that you are eating. Any deviation from that reading, either higher or lower, is a sharp loss of energy. If the pH remains off from this norm of 6.40 for any length of time, that person is sick! Remember, any time

there is a loss of energy, there you will find sickness. No exceptions! Now, can you imagine my problem with a urine pH of 5.80 and a saliva pH of 8.00? The urine was far too acid and the saliva far too alkaline. Does it really matter what illness I have? Does naming the illness correct the pH problem and cure the malady? Then what does help cure the problems? For one thing, getting the pH back to 6.40 and holding it there will surely help!

Suppose you knew which foods and minerals were anionic and which were cationic — the shift would be rather easy wouldn't it? Just consider this: All foods, except freshly squeezed lemon juice, happen to be cationic. The liver bile as it enters the duodenum to make digestion possible happens to be anionic. Suppose the liver only produced 40% of the bile needed. What do you suppose would happen to the pH and the energy generated from the food? Furthermore, calcium is the one mineral that the body needs — more by weight and volume than any other — and it happens also to be anionic. Suppose you do not get the calcium that you need — what happens to the energy created? Doesn't it kind of make you wonder when the Medical doctors stress iron, which is cationic, when most people desperately need anionic calcium? Am I beginning to make **my point**? How do you know if the energy produced from your food is low? Check the pH. Again, CAUSE AND EFFECT! The Curse causeless shall not come.

Now do you anticipate the next step? The beginning of any loss of energy; the beginning of any illness, is the lack of the needed minerals from the food that we obtain the necessary ionization — the anions and cations — to create energy. Suppose you had a low pH, that is one below 6.40, and not feeling well, you stuffed yourself with Vitamin C. What would happen? Vitamin C happens to be cationic and it would drive the pH even lower and actually make your condition worse! Do you see that? If the body pH is below 6.40 it cannot use Vitamin C. How do you know whether to take Vitamin C? Check the pH. Is there anything hard about that? That knowledge, right there, is worth every penny you paid for this booklet.

It is the deficiency of the needed minerals in the right ratio of ion combinations that causes the cells of the body to fail to produce energy. Now, keep your eyes open. What is carcinoma? It is the same thing — a cell that cannot produce its normal amount of energy. In other words, carcinoma is a **dying cell** because of the lack of some needed mineral that would have allowed it to produce energy and live. After carcinoma cells have died they are called cancer.*

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Rex Harrill

If the foregoing is true, then what is the answer to cancer? It is the same as the answer to the energy crisis in the body! Correct the mineral deficiency so that your body, urine and saliva, maintains pH of 6.40. Naturally, that is not quite as easy as it sounds.

Now, are you ready for the next step? Suppose that we could determine, by some means, where the energy loss was located in the body. What would we then know? We would know the probable location of a future carcinoma and later still cancer, wouldn't we? Is there a way to determine this and the extent of the energy loss? Yes, but it is beyond the scope of this little booklet. What we are looking for here is a way to correct the problems before they get started. If we can prescribe a diet that will bring the body back to the normal pH you will notice that you have more and more energy. If there is no energy loss, cancer and carcinoma cannot exist.

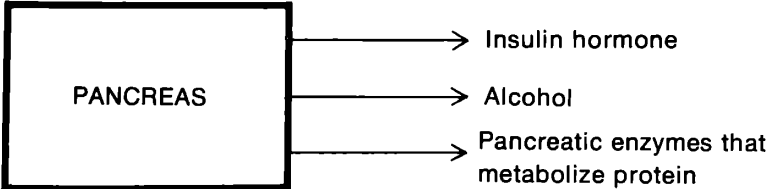
At this point, someone will ask why there is no diet to be found anywhere in this booklet if the solution to cancer is with a correct diet. Who can give me the answer? It is simple. One reader will have a pH of 5.80 and the next will have a pH of 7.80. Obviously the same

**Any physician who does not understand the vital difference between a cancer cell and a carcinoma cell is still in his elementary study of energy and cancer. I am well aware of the fact that current Medical dictionaries still insist that cancer and carcinoma are the same...*

diet cannot work for both! Anyone who gives you a “magic diet good for anyone” is a fool at best, and fraud at worst. Without an analysis of the cations and anions available and the resistance called “pH” is known, good diet is, at best, a lucky guess. But why guess when you can know for sure? And remember, pH is just part of the answer.

What is the very first thing that happens when there is a mineral deficiency in the body? I hear a spectrum of answers from doctors and others who are reading this. Laboratory tests show that the very first thing that happens, the very beginning of illness of any kind, is the breakdown of the liver. The liver’s function is to produce some six billion different kinds of enzymes. It is these enzymes from the liver that supply the “raw materials” used by the various organs and glands. Then these organs and glands add to these enzymes certain minerals and thus produce their own output to perform certain body functions.

Take for instance the problem of cancer. Why does a loss of energy cause cancer? It has been said that cancer is caused by the body failing to digest, or more properly, *metabolize* proteins taken into the body. Yes, that is true, but why? It is because the pancreas is not producing the special enzymes needed to metabolize the protein. This statement is not new to those who have been studying the cancer problem but for others, let’s provide a little review of the three functions of the pancreas:



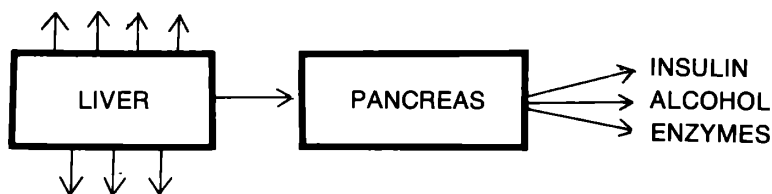
If the pancreas does not produce enough insulin, the person will have high blood sugar and may become a diabetic. If it produces too much insulin, he will have low blood sugar which is another form of diabetes. If the pancreas does not produce enough of the special kind of alcohol the person has cold hands and feet most of the time. If severe enough, he may be cold all over at all times and in all seasons. But if there are not enough of the pancreatic enzymes, that person will develop carcinoma and cancer. Cancer patients need more of these enzymes or they must reduce their protein intake. What is the Medical world and the shallow health nuts telling you night and day? Eat proteins! Eat proteins as they are the building blocks of the body, etc. True, but what if that person has a pancreas that is not producing? Are you getting a hunch as to why cancer is

~~How fast~~ fast in America? Do you honestly believe that no physician in his hospital or College laboratory has figured out what you have just learned? Of course they have! Cancer, dear reader, is good business.

How about the rebound thought of taking less protein as an answer to cancer? Yes, you will find those who propose this as a solution — cut the protein to match the output of the pancreas. One man's answer, among other things, is to not eat meat after the noon meal. No, that is not the answer to a sluggish pancreas. **The solution is to get the pancreas to produce what is needed regardless of how much protein you eat.**

Current non-AMA cancer research is still taking the "medical" approach; that is, looking for an artificial substitute for the failure of the pancreas to produce its natural enzymes. There is a natural enzyme that does, for reportedly 40% of the cancer patients, seem to substitute for the insufficient pancreatic enzyme and get the body to handle protein. It is known as *Laetrile* and has no harmful effects even if taken in high doses. The only harmful effects of *Laetrile* that can be found is the huge slice it would take out of the drug industry. So, *Laetrile* is denied to the American people and distribution of it can result in a jail term.

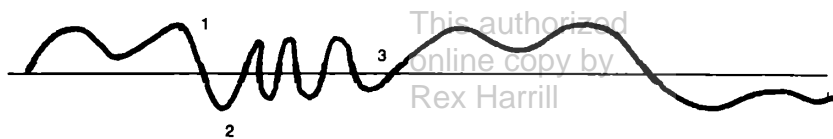
Listen, the *Laetrile* approach is still only a substitute product, and if the pancreas were truly inoperative, its use would be the only option left open to the cancer patient. But BIOLOGICAL THEORY OF IONIZATION theory goes beyond the *Laetrile* solution and is more lasting and effective. The patient does not need an expensive and currently outlawed cure. Where does the pancreas get its **input**? Why, from the liver enzymes! Suppose the liver produced only 40% of its normal output of enzymes. What would happen to the **input** of the pancreas? Right, 40% of normal. What would the pancreas then put out? About 40%. If this 40% was not enough to handle the protein, you could expect cancer to strike that person at his weakest point. Is there anything difficult about that?



Look closely at this concept, for herein lies the key to cancer and almost every other "incurable" disease. The beginning of illness, ALL ILLNESS, is the breakdown of the liver. Our project, then, is rather simply stated: **Rebuild the liver!** Get it going again at 100% output, if possible. Once that happens, its enzymes are sent all over

the body and all kinds of troubles begin to disappear. Once that happens, there is suddenly enough anionic liver bile to handle the volume of cationic foods that are eaten. Just imagine a liver sending out 100% to the pancreas. What happens to that diabetic? He no longer needs his daily dose of insulin, does he? No, for his pancreas is now making enough to handle his sugar. And what about the cancer patient? Digestion of proteins is no longer a problem and, quietly, his cancer begins to be thrown out of his body.

There is a word of caution in regard to this approach. If the liver gets turned on suddenly to 100% capacity, the pancreas might produce too much insulin. If that person's pancreas already made too much insulin, —in other words a low blood sugar diabetic (hypoglycemia) — this technique might force the sugar too low and the person would pass out.* This is why Dr. Reams would not let me take my diet home with me. If I passed out, no one would know what happened to me. To use his methods, it is absolutely essential that you have a quick, easy, and *very accurate* method of monitoring the sugar level of the person. With very low blood sugar diabetics, and pregnant women, it may be necessary to check the sugar every hour for the first week! Can you imagine the pain and suffering that would be required using the standard Medical blood test? The standard Medical method of testing blood sugar, by drawing a sample of blood, is at best, old fashioned. For our tests, it is nowhere near accurate enough.



COMMON BLOOD SUGAR PATTERNS IN 24 HOURS



COMMON URINE SUGAR PATTERNS IN 24 HOURS

**The sudden drop in blood sugar is far more serious than many people realize. Not only does it cause "blackouts" where the person becomes unconscious at the wheel of a car — a major cause of unexplained auto accidents, — but convulsions in babies is usually low sugar. Because of our scientific means of quickly testing sugar level, it is now believed that most epileptics are not epileptics at all. They are sudden low sugar diabetics! How can you know for sure? Put a little honey on the tongue and if it revives him, the cause was low sugar.*

The level of sugar in the blood can change far too quickly during the day for us to get any test of value. If, by chance, the blood were drawn at Point #1, you will have high sugar, but a little while later, if by chance the blood were drawn then, the doctor will tell you that you have low sugar. (Point #2). Later on, by chance your sugar could test rather normal. (Point #3). Any such test that depends upon chance, is too unscientific for the work that we are doing. But as every doctor knows, the sugar level in the urine is the average of the fluxuations of the blood sugar in any 24 hour period. We use a standard scientific instrument that measures **all** sugars in the urine directly and takes just a few seconds.

The scale on our instruments indicates that normal sugar is 1.5. Sugar level is the first number in the Reams equation, and pH is the second. My sugar was 7.0 on my first test. A healthy body will pattern a very steady urine sugar level regardless of what is eaten. While a blood "test" can fool the doctor, our urine sugar test is more accurate, and more indicative of the health in general. That is science! That is the difference between a scientific analysis and a guess-type diagnosis.

What we are aiming for here is a pancreas revitalized so that no matter what the person eats, his sugar level will hold between 1.0 and 2.0. The best way we know of to rebuild the pancreas is with cationic "green drink" — that is, anything green, such as carrot tops, celery, green beans, any edible green leaf, etc. put through a juicer so that the vital juices are separated from the bulk of the plant. Make 4 oz. of this twice a day and drink it very slowly. You will be amazed at the energy you soon feel.*

Now, let's look at diet again. If what you eat can change your body chemistry — you are sick. Stated another way, whenever your body chemistry is unstable, you are losing energy and are sick. Still another way, if you have to eat a lot of food just to have the energy you want, you are sick. So, let's go into the biochemistry here. Our bodies are cationic. All the foods we eat, except fresh lemon, are cationic. Even frozen and "reconstituted lemon" sold in cans, is cationic. As these cationic foods enter the stomach they meet the anionic liver bile. The electronic resistance between the anions and cations creates the energy. Now suppose the liver stopped working. No bile, no resistance, no energy. Suppose it only worked at 20%: 20% bile, 20% resistance, and 20% energy. (This is for illustration and I am not suggesting that there always exists this linear relationship.) How do we know where we stand? There are two ways: Get

**You should only use distilled water as a base if you are making "green drink" in a blender unless you have been instructed otherwise. See the Off-the-cuff...section for the sources of juicers and distillers.*

an educated guess diagnoses or run a pH analysis. Take your pick. What is the proper pH for maximum energy? 6.40 urine, 6.40 saliva with a sugar level of 1.5 at the same time.

Are you beginning to see how these numbers relate to one another? What do you suppose would happen to the liver and to the ion resistance in the stomach if you were to drink anionic lemon juice? If the liver were sluggish, the anions of the lemon would help

**FRESH
LEMON**

in the energy created from the cationic foods. But more important, it just so happens that anionic lemon juice, mixed 4 ounces to 36 ounces of distilled water, is the natural base for the 6 billion different kinds of liver enzymes needed for every organ and gland in the body! The liver and the lemon are sweethearts. They are natural lovers. Four ounces of the above solution of lemon and water taken every hour, and four ounces of distilled water taken on the half hour, is just the right combination and concentration to flush and rebuild the liver faster than any other known method.

WARNING! THIS MUST NOT BE DONE BY ANYONE UNLESS IT IS DONE UNDER THE SUPERVISION OF A DOCTOR TRAINED IN THE BIOLOGICAL THEORY OF IONIZATION. THIS MUCH LEMON WATER COULD BE FATAL TO ANYONE WITH EITHER A HIGH OR LOW BLOOD SUGAR. NEITHER THIS AUTHOR, NOR ANYONE ELSE, ASSUMES RESPONSIBILITY FOR THOSE WHO ATTEMPT THIS LIVER REBUILDING TECHNIQUE ON THEIR OWN WITHOUT PROPER SUPERVISION. ABOUT ONE PERSON IN A THOUSAND HAS AN ALLERGY TO THE JUICES OF THE LEMON.

Yes, the common lemon, because of its unique anionic properties that trigger the liver, contains the secret cure for cancer and all other illnesses associated with a sluggish liver.

But, you say, most people never drink lemon juice, so how in the world can they stay healthy? If you have had a proper diet and you continue with one, you will never need the juice of the lemon. While lemon is the only known anionic food, calcium and potassium are the needed anionic minerals. Now, do you see why foods high in these organic minerals must be eaten regularly? You must get plenty of the various organic calciums into the body or you will not get the natural anionic-cationic resistance needed to produce energy. If you have had these in your diet over the years, that fact will show up in the pH test, and you will be healthy. Healthy people do not need the strongly anionic juice of the lemon. One of the best ways to get the proper anionic minerals is to eat the widest possible variety of fruits and vegetables you can. When was the last time you ate a pear or were served cauliflower? Do you get the point? Because variety is what is needed, I am not going to list the foods and their mineral contents. It is a waste of time.

I will make one exception because the problem is so very serious. I believe one of the major hidden causes of sickness is the use of white sugar. Some of you have heard this before, but you do not know the reason. White sugar depletes the calcium from the body, because it turns most easily into alcohol. Alcohol is the greatest enemy of calcium in the body chemistry.

**WHITE
SUGAR**

Now do you see the ionization connection between the high consumption of white sugar and cancer? Does white sugar cause cancer and other diseases? No, but it does drive out the anionic calcium that you are trying to accumulate from the foods, thus shifting the body chemistry enough so that proteins are not digested. If this goes on long enough, you will begin to lose energy and start to get sick. The shift in body chemistry can cause a host of problems, of which cancer is only one. For instance, it has never been known for a person who has sufficient calcium and whose blood sugar is not above normal, to come down with polio. Did I say that the white sugar in cookies was the cause of polio? No. But it does drive out calcium and if that person happens to be a borderline diabetic — Wham: Polio!

"My people are destroyed for lack of knowledge..."

Hosea 4:6

Now, let's examine another very important subject when it comes to health: WATER. Our bodies are composed of some 80% water. Most of us do not drink enough water to maintain our health. The MD's tell you that you should drink a quart a day. That advice is guaranteed to keep you their regular patient — unless you weigh less than 65 lbs. What is the proper amount of water per day? You must drink one ounce of water for every two pounds of body weight. Suppose you weigh 180 lbs. Divide 180 by 2 which equals 90. Drink 90 ounces of water every day. That is nearly three quarts, and most Americans do not even drink one quart unless they are doing heavy work. Is it any wonder that they have all sorts of aches and pains and many develop serious diseases? Ignoring all other things that I have stated thus far, I doubt that you can find a cancer patient or an arthritis patient who drinks the proper amount of water. Water keeps the toxins flushed out of the body; it keeps the digestive tract operating; and it keeps the colon moving. How do you expect to get the proper ionization of the stomach, so that the cations and anions can create energy, if you do not provide them the water in which to ionize? Is there anything hard about that?

Now let's really think about water for a minute. All water initially starts as rain water and is cationic in nature. As this cationic water hits the earth and passes through it, what happens? Its ions come into contact with and will surround some anionic ions to draw

mineral molecules into the water. Most of these will be **inorganic** calciums and potassiums. When you get enough of these molecules in the water, you notice that the water is "hard." While your body does need **organic** calciums, it cannot assimilate, to any great extent, the inorganic calcium and potassium minerals as are found in wells, springs, and municipal water supplies. Most of these minerals are passed on out of the body, but some of them get involved in the anion-cation exchange and do get sluffed off into the joints and build up deposits there. Are you now beginning to see the **BIOLOGICAL THEORY OF IONIZATION** as applied to arthritis?* Now, what do you suppose would happen if you drank the correct amount of cationic distilled water in which the ions are still free to pick up the anionic calcium ions? The distilled water ions will pull the offending calcium out of the body. You will get as much correct advice about distilled water from the Arthritis Foundation as you do about white sugar from the Polio Foundation: None!!

"But God hath chosen the foolish things of the world to confound the wise; and God hath chosen the weak things of the world to confound the things which are mighty."

I Corinthians 1:27

So, after my stay at the Retreat I enrolled in a Naturopath course taught by a certain brilliant doctor of Guadalajara, Mexico. This man has had tremendous success with very difficult diseases. After that, I completed a course on foods and agriculture given by Dr. Reams.

WE GET DOWN TO BUSINESS

By that time I had feet on the ground and ready to take the Basic Doctor's course — the one that got me so very interested in all this in the first place. I completed that on the 7th of February and began work on this book at once. While I have had only one of nine courses, you can judge the level of #1 by the content here.

Remember, I told you that my original equation was:

$$7.0 \quad \frac{5.80}{8.00} \quad 27C \quad 4M \quad \frac{10}{10}$$

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**Technically, arthritis is caused by a deficiency of pantothenic acid in the system again the result of a faulty diet. What do the MD's do for you? They give you a shot of cortisone (C21H28O4) don't they? This treatment might make you feel better, but it destroys the pantothenic acid that you may have, leaving you worse off, and sure to return again to his office for another "treatment." Am I to believe that the MD is unaware of what he is doing? Are we to be naive enough to believe that the Federal Food and Drug Administration, which banned Laetrile, is unaware of the results of cortisone? And, of course, there are the TV commercials so helpful to arthritis sufferers: "Tell your pain to take a powder!"*

We are going into what normal and healthy would be in this equation. We have already covered the first number, the sugar level. If this number is higher than 6.0 any person is a borderline diabetic. Notice that mine was 7.0. What can you positively say about Nord Davis? It is not a diagnoses to say that he is a borderline diabetic, is it? A diagnosis, by definition, is an educated guess based upon experience. But the above is not a guess at all. It is a scientific analysis. We can prove what we say after this kind of a test. I do not make any kind of diagnosis for anyone at any time.*

The second number in the equation is the pH. If you do not know what that is all about by now, perhaps you never will.

The third number is the salt level of the body chemistry. Mine was 27C. The normal is 6C to 7C and is the measurement of every kind of salt, not just the sodium salts. Why are we interested in the salt level? Salt, organic as well as inorganic, causes the water in the body to become an electrolite and to conduct the minute electrical charges in the body. Too much salt magnetizes or over-ionizes the nerves of the stomach and may be the primary cause of ulcers. Salt also over-ionizes the food causing it to cling to the walls of the colon. Too much salt is the **only** cause of angina heart conditions. Yes, that is right: An angina heart attack cannot happen if the salt level is kept at normal. When the salt reading gets above 20C the heart will be beating too hard and when it gets to 40C, it will tear your ears out if listening through a stethoscope. But you cannot see angina. However, you can see certain indications of too much salt by bursted blood vessels in the face and varicose veins. How do you correct this problem? Drink the prescribed amount of water! If that does not cure the problem, you will have to go easy on every kind of salt — including the so-called “salt substitutes.”

The fourth number is the albumin count — the number of minute particles in the urine. We are not concerned about the **color** here; i.e. the shade of yellow. But as you hold a bottle of urine up to the light, do you see a sort of cloudy mass that swirls around? If you can very

**A diagnosis is against the Law unless you are licensed by the State to make such educated guesses. An analysis, however, is legal as it is based upon scientific truth. It should be noted here that the United States, the 'land of the free and the home of the brave', is the only nation in the world requiring a license to care for the sick! The requiring of a license is, of course, blatantly unconstitutional (Art.1, sec.10) because it interferes with the right of a person to contract with whomever they wish for their health care.*

easily see such a mass, or there seem to be particles all through the urine, your albumin count is more than 4 million particles per liter and is marked as 4M in the equation. The urine of a healthy person should be a clear yellow color with few visible particles that can be clearly and easily seen. If you see these particles, it means that there is trouble somewhere. These are the release of either carcinoma cells or dead cells and only 40,000 per liter per 100 lbs. of body weight is normal. This is the only part of the above equation the average person can check at home without chemicals or instruments. If you see these particles, you had better find out what the rest of the equation is as soon as possible.

The last part of this equation is the reading of the cationic nitrate nitrogen on the top and the anionic ammonical nitrogen on the bottom. Why are we interested in this? It is the level of undigested proteins in the body chemistry. What did we say that cancer was? It is the failure of the body to digest proteins. What caused this? An insufficient quantity of pancreatic enzymes. And what reduced the output of the pancreas in most cases? A sluggish liver. And what causes the liver to produce? Anionic substances taken regularly in the diet. Now do you see the value of this urea test? This test is extremely important for cancer patients. The normal reading for a healthy person is 3 over 3, or a total of 6. As cancer gets worse, or for some other reason the energy from the resistance between anions and cations is reduced, more and more undigested proteins are thrown off. If the total of these two numbers reaches 20, the heart beats too hard all day long. 20 was my first reading total and it was what was tiring me out — the heart over-working all day and night. Now couple this with a high salt too, and you can see why I was in a major heart attack range.

By the time this total reaches 27 or 28, the person may suddenly start into a pectoris heart attack. What is the only cause of a pectoris heart attack? Too high a level of undigested proteins. What happens when you push a high protein diet on a person who may have cancer or a sluggish liver? You kill him by driving the undigested protein level into the fatal heart attack zone. Now do you see the reason for “unexplained” heart attacks among school children during athletics? Now do you see the “unexplained” cause of “crib deaths?” Check the urea level and you will always find it around 30. The poor little baby’s heart was pounding away so hard that it just couldn’t take it anymore.

By the way, a thrombosis is an angina and a pectoris heart attack happening at the same time. So what is the cause of heart attacks, especially among those who have no history of “heart condition?” To much salt and/or too much undigested protein in the body

Chemistry. HEART ATTACKS CAN BE STOPPED IN 60 DAYS ANYTIME THE MEDICAL PROFESSION, THE SO-CALLED HEART FUND, OR THE PEOPLE WANT IT THAT WAY! But my observation is that heart patients earn a lot of money for the (un) American Medical Association, and the threat of a sudden heart attack sells a whole lot of life insurance policies. There are only a few places in modern America where you can get an accurate and scientific reading of your level of undigested proteins. This author's laboratory is one of them.

When I learned about the cause of heart attacks, I was sick to my stomach. I could not sleep that night. Do you know why? My father, the last two years before he died, knew that he had cancer of the prostate area. His doctor gave him "female hormones". Did they insist that he drink 100 ounces of water a day since he weighed 200 lbs? No! Did they give him something to provide his body chemistry with the needed enzymes so that he could handle proteins? No! Did they cut his protein intake? No! Did they give him an anionic food or supplement so that his liver would function at a normal level? No! Did he have a "heart condition?" Not really! Yet he did not die of cancer at all, but from a massive heart attack. Will you permit me an "educated guess" as to the real cause of his death? The nitrate nitrogen and the ammonical nitrogen combination reached the level of between 27 and 30, some point where his reserve energy level dropped below the point of no return. Wham: Massive heart attack. Yes, his death was needless and an example of the shameful incompetence of the medical profession in whom he had trusted.

Has something like this happened to one of your loved ones? Is there needless pain and suffering in your family just because your doctor either will not or cannot provide them with a scientifically balanced diet? Will you help us fulfill the Lord's commission to heal the sick? The curse causeless shall not come.

PROLOGUE

It may be against the Law for me to tell you what is found in this pamphlet. Some have already gone to jail in America for telling others the facts that you have learned here. Every possible legal move may be made to keep this pamphlet from being distributed. According to the laws of men, I may not be legally permitted to warn you that you are a diabetic when I find a sugar level of 7.8 as I found in the urine of a Christian patriot recently. They may try to stop me

from warning you when I find an albumin of 4M and a urea of 22 that you are seriously ill. But save this pamphlet. Someday, its contents will provide you with a place to turn when you finally decide that you must abandon the futile AMA procedures because you know you are not getting any better.

In the meantime, this knowledge is getting out across America. The equation for perfect health is:

$$1.5 \quad \frac{6.40}{6.40} \quad 6-7C \quad .04M \quad \frac{3}{3}$$

We have talked ever so briefly about each of these numbers, but really, each number by itself means very little when compared to the knowledge available when the equation is taken as a whole. When taken as a group and balanced, one number against the other, it is possible to calculate exactly where and to what extent disease has entered the body. If this seems incredible to you, as it once did to me, remember the depth to which we have been able to go when just considering one number at a time.

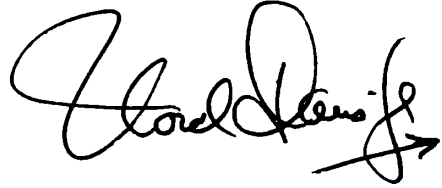
The analytical data arrived at from this equation is from pure mathematics. This is the first time that the body functions, through its body chemistry, has been expressed by higher mathematics. If this data can be arrived at by math, why not put it into a computer?

That is what is being done right now! One of my Christian patriot friends, who moved to the Smoky Mountains from the North is a Computer Programmer by profession and a mathematics major by training. Right at this very moment, this data is now being programmed and the computer has been purchased, so that this information will be instantly available. Just think of this: Scattered across America there will be 25 computer terminal video display units set up in various doctor's offices. One of these will be in my office. I will be able to run this series of tests, develop this equation for a person, key the numbers into my computer terminal and instantly the computer will analyze the data and display on the screen the person's exact problems. Along with that, it will scientifically compute the proper diet, along with the mineral supplements needed, if any; the vitamins needed, if any, to shift the body chemistry back to the proper norm so that energy is gained and not lost. Just imagine shifting the dying person's body chemistry, by computer, and monitoring the daily changes by the same method, so that the body will heal itself, not only from cancer but a host of other diseases. We

won't have to transplant kidneys — an increase of energy will rebuild them naturally! Healthy persons will be given a diet that will “tune them up” and keep them healthy. And the total cost for the analysis and the diet suggestions? In most cases, less than \$50.00!

“And these signs shall follow them that believe – in My Name they shall lay hands on the sick and they shall recover.”

Mark 16:17-18



Off-the-cuff...

1. *The above text has been reviewed by a number of qualified persons prior to publication. Dozens of minor changes were made at their suggestion to remove any chance of multiple interpretations. We want to help you and not hurt you. At their suggestion the lemon water warning was put in special heavy capital letter type for extra emphasis. The only thing that I did not do was provide a list of general items of diet that would apply to all regardless of their body chemistry. The only one in the above text concerned the consumption of water according to body weight. My thought is this: If I were to continually digress into the background reason for each “No-No” the reader would miss the whole point of this book – An introduction to the revolutionary breakthrough in the healing of disease using the theory of Biological Ionization to generate energy. Secondly, this is not the only book on health that you are likely to read and in the others you will find enough “No-No’s” to make you happy, if not well. If the reader were to avoid all the “No-No’s” found in any dozen health books randomly selected, his diet would be so limited that he would likely never follow it. If he did, he would soon be sicker than the general population. Why? Because the right anion-cation balance is more important than worrying about whether these green beans were raised “organically” or that prune juice had a trace of preservative in it.*

2. *“When in doubt, read the Instruction Book,” is advice frequently quoted to those who seem to be hopelessly confused, and, seemingly as a last resort when all else has failed, reluctantly they get out the Book to solve their problem. My experience, in IBM and elsewhere, is that people will do almost anything, – literally bang their heads against the wall of frustration – before they will break down and admit that they need the Instruction Book. Have you found that to be true, too? Well, it is no different with our health. I know one man who insists, that he has an ulcer. Doctor after doctor has told him no. But he kept looking until, a hundred miles from his home, he finally*

found a doctor who told him just what he wanted to hear. His stomach is no better and he carries a pink bottle in his hip pocket, but at least he is satisfied that "he was right." You may laugh, but are not some of our ideas just as absurd? What about the Instruction Book? The Creator who gave us our bodies, balanced out the bio-chemistry, created energy out of anions and cations, also gave us an Instruction Book on the maintenance of that body. It is found in Leviticus 11 and Deuteronomy 14. I know, I know! There are some who will read this who truly believe that those instructions were just for a few thousand Israelites a few thousand years ago. Tell me, Brother Christian, are your gastric juices any different than those of Brother Moses? Have you been lead to believe that the Dispensation of Grace has changed the human digestive tract so that unclean scavengers like swine can now build clean and healthy bodies? Or is it the other way around: We have the same old cationic body, but Christ's death on the Cross has not only cleansed the repentant soul of the sinner but performed a fantastic biological miracle by making the filthy pig fit for human consumption? Absurd, isn't it? Are you, too, carrying a "pink bottle" in your hip pocket?

But, ignoring all the problems of filth, and assuming that a hog could be raised in such a clean environment that he could not eat his own excrement; was fed only clean corn and drank nothing but distilled water, what then? Until you understand the subject of energy, very briefly touched upon in this book, you will not understand. The best scientific answers just happen to support the Instruction Book! All the "unclean" meats and fish happen to have one thing in common: Their meat digests in 3 hours compared to 18 hours for the clean meats and fish. In other words, the energy in pork is released in 3 hours instead of 18. What does that mean? Pork is too "hot" for the human system. It releases its energy too quickly and actually tends to burn out the system. It is like putting aviation fuel in a Model T Ford. Yes, the Ford will "run" for a while – until the valves are burned out and a hole is melted in the center of each piston. Do you want a list of "No-No's"? Read the Instruction Book! And, Charlie, Tuna and catfish are unclean. So are rabbit, squirrel, and bear, Mountain Preacher.

3. While we are on the subject, some well-known non-AMA doctors are prescribing PANCREATIN to substitute for the limited number of pancreatic enzymes as part of an effort to halt cancer. There is one good reason why I oppose this treatment: PANCREATIN is an extract of a swine's pancreas.

4. I recommend the ACME JUICER and make all of my "green drinks" as well as delightful fruit and vegetable juice drinks in one of these precision pieces of equipment. There are a number of water distillers, but I chose the PURE WATER SOCIETY Model SS-4D because it is stainless steel throughout and attaches directly to the household plumbing for automatic filling. If you want to help the Christian Patriot who first introduced me to the Biological Theory of Ionization and indirectly saved my life, why not order your equipment from him? Write him for prices and he will ship by UPS.

Thurman McCoy's Health Center, Duluth, Georgia 30136

5. Here are a few more "No-No's" which I do not have a page each to give the reason: Chocolate, Oriental teas, black pepper, white pepper, nutmeg, lard, processed cheeses, most canned nuts, and peanut butter. Absolutely no meat for children until age 12.

6. Urgent addition to the 2nd Printing! Please do not mail your urine samples to me. Our tests are so accurate that samples more than two hours old are worthless.

7. 4th printing: July 1976. I feel great! I can again work 16 hours per day and seldom "feel tired."

8. 6th Printing. Can you imagine the response that we are getting from this small book? As of December, 1976, we have distributed 100,000 copies of it across America. Most copies are being read by a dozen people and we know that each reader has several sick friends or relatives. Can you comprehend the problems that we are having trying to accomodate all these people? The Retreats are over-crowded, and people are impatient with us. We now have some 250 people trained in the BIOLOGICAL THEORY OF IONIZATION who are qualified to run these tests, but as author of this book thousands are writing to me. We are now six weeks behind on the mail. I know you will understand, and respect my family privacy, if I do not include my telephone number in these pages. But there is still another problem. Dr. Reams' office does not give out the names of his trained testers over the telephone. If you call there, the name of the nearest one will be sent to you by mail. And, as might be expected, that phone is almost always busy.

For several obvious reasons, I have not given a list of those who have been trained in this general circulation publication. Some who have been trained do not take more patients. Some who have taken the course did so only to care for their own families and take no patients at all. Here at our office, we maintain a listing of the active testers and will be most happy to provide the name of one such person to you upon request.

But before you write to us, remember our problems here. We maintain a full-time secretary just to provide this service to you. In addition, we have committed ourselves to purchase a computer terminal which we now learn will cost around \$15,000. Many of the testers cannot afford this equipment and will be calling me with the test results of people across America. I may be helping your doctor with your analysis. Here is what you can do to help me with this heavy financial burden if you care to do so. Send me a note asking for the name of the nearest person qualified to run the Biological Ionization tests perfected by Dr. Carey Reams and provide you with an analysis and suggested diet. IF YOU LIVE IN A SMALL TOWN, GIVE ME THE LOCATION IN THE STATE, SUCH AS SOUTH WEST ARKANSAS OR CENTRAL MONTANA. Include a stamped self-addressed envelope and a one dollar bill. This gift will not be tax deductible . . .

9. 6th Printing. December 14, 1976, Superior Court House, Blue Ridge, Georgia. I was in Blue Ridge and witnessed personally the following

outrageous action by Honorable Samuel P. Burtz and have a copy of the proceedings (Civil Action No. C74-63) now before me. Previously, the Superior Court had ordered Dr. Reams to cease counseling the sick and dying. As a Pastor of Inter-faith Christian Church, Dr. Reams believed that his work is well within the language and intent of the 1st Amendment of the United States Constitution. The Health Message of the Bible should not be ruled illegal to be taught in any State in the Union. So the good Doctor continued right on with his work. He was hauled back into court and found in "Contempt of Court" and ordered to jail with a heavy fine. He appealed to the State Supreme Court. However the Medicine Men have influence there too, and the "Contempt of Court" ruling was upheld and Dr. Reams found himself back in Blue Ridge Court House again. The press was there, several very favorable to Dr. Reams. The Judge held his "Hearing" in his "Chambers" so that the press and citizens would be barred from hearing. Yes, Dear Reader, these things do happen now in the "land of the Free and the home of the Brave." The Plaintiff against Dr. Reams was the COMPOSITE STATE BOARD OF MEDICAL EXAMINERS, James E. Skrine, Secretary. (166 Pryor St. S.W. Atlanta, Ga.) Their attorney: Melvin M. Goldstein. The transcript is 9 pages long. The Judgement: Dr. Reams was given the choice of either going to jail or being "forever banished from the State of Georgia." Specifically included in the judgement is that the Doctor may not even visit his aging, invalid, 96 year old mother or go to jail if he does so. Shortly after this book came out, early in 1976, the State of Georgia changed the law, making "Practicing Medicine without a license" a felony instead of a misdemeanor. As the Doctor walked out of the Court, banished from the State, he was served with a Felony Warrant, hauled into the Sheriff's Office, finger-printed and booked. Released on \$15,000 bail, his trial will be in April. At 74, Dr. Reams may well spend time in prison for trying to heal the sick. Some of you may want to write to Burtz, Skrine, and Goldstein . . .

10. 7th Printing. We have learned that as a result of this book John Wayne, Screen Actor and Out-Spoken American Patriot, is now on a Reams Diet that includes lemon juice and distilled water.

11. 7th Printing. Additional copies of this book are now available directly from us. Address your letter to **Pardon Me, but . . . Publishing**, Box 29, Topton, N. C. 28781. 12 for \$5.00, 50 for \$20.00, 100 for \$35.00, 1000 for \$300.00.

Who can find a virtuous woman?
For her price is far above rubies...
Proverbs 31:10

DEDICATION

Humble things frequently affect great consequences. A mere pebble, flung in a second from David's sling, saved a nation in one day. This booklet is such a pebble. We hope that it will be the instrument used of God to save thousands of lives.

For five months, the pen of this author has been still. Very important research and study was being done, the distillation of which you read here. Had it not been for the faithful support of a small group of Christian Patriots, known to me as the MIGHTY HUNTERS, this book would have never been published.

This booklet, however, is specifically dedicated to one of these MIGHTY HUNTERS, a lady who has done more than any other person to help make this work possible. When she learned of the delicate nature, and its vital and urgent need, she sent a tenth of her savings to pay part of the costs of my study and research. May the Lord richly bless this gal...whose price is far above rubies.

Miss Nancy Cummings
Detroit, Michigan

PARDON ME, but. . . is a free Christian patriotic newsletter which is sent to anyone upon written request. Donations are encouraged and used to meet expenses. There is no subscription rate. Small quantities of this issue are available from the author with a small donation to cover postage and handling (\$1.00 per copy, \$2.00 for four copies). For larger quantities, see the Off-the-cuff section in the back of the book.

MIGHTY HUNTER EDITION

FIRST PRINTING-MARCH, 1976 5,000
SECOND PRINTING 15,000 APRIL, 1976
THIRD PRINTING 5,000 MAY, 1976
FOURTH PRINTING 50,000 JULY, 1976
FIFTH PRINTING 25,000 NOVEMBER, 1976
SIXTH PRINTING 35,000 JANUARY, 1977
SEVENTH PRINTING 20,000 FEBRUARY, 1977
EIGHTH PRINTING 25,000 MARCH, 1977

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WRITTEN AND PUBLISHED BY

NORD DAVIS, JR.,

BOX 29, TOPTON, NORTH CAROLINA 28781

JUST A LITTLE ABOUT THE AUTHOR...

Thomas Edison is probably best known for his work in the electrical field and he earned countless patents. He vitally changed the American way of life with his inventions. However, on one occasion, he stepped out of his chosen field to make this brilliant observation:

"The Doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the prevention of disease.



Mr. Davis, who has stepped out of an electronics background, will neither give medicine nor prescribe drugs. He will only interest his friends in the care of the human body through diet for the prevention of disease. If this is illegal, then so be it!

A native of the mid-West and raised in New England, Mr. Davis now lives quietly in the Smoky Mountains of Western North Carolina. He is a Navy Korean War veteran. For 11 years he was a career man with The INTERNATIONAL BUSI-

NESS MACHINES COMPANY, resigning to expose the IBM sale of computers and production control equipment to the Communists in time of war. He was the AMERICAN PARTY candidate for the U.S. Senate in Massachusetts in 1970 opposing the Socialist programs of Ted Kennedy.

He is the author of several books with such varied contents as **ENERGY HOAX: THE ROCKEFELLER CONNECTION**, **INCOME TAX: THE FEDERALIST CONSPIRACY**, and his now famous book on the Kennedy Assassination, **THE DALLAS CONSPIRACY**. The latter was first published in 1968 and shows three photographs of the actual assassin as **he is shooting** from the curb beside the Presidential Automobile. While these are free, a free-will donation of \$2.00 for all three is suggested.

Retired at 45, Mr Davis has devoted the past ten years to Christian patriotic research and writing in the format of these newsletters. He refuses to take payment of any kind for his writings or lecture tours. He has won THE LIBERTY AWARD from the CONGRESS OF FREEDOM for the past 5 consecutive years for patriotic journalism. As an anti-Communist lay preacher, a few love him, a few hate him, and the majority do not understand him...

...BY THE AUTHOR